

March 2011

Shark Tales

All Juniors

On Saturday 19 February an army of 7 - 14 year olds descended on Melton Outdoor Pool to compete in the 2011 Metro West All Junior Heats. Wyndham City was proudly represented by 47 eager swimmers. As with previous years, Mother Nature was unkind to us. The conditions were far from ideal but our swimmers represented Wyndham with pride and produced some great results. In all 40 of our 47 swimmers have qualified to represent Metro West on the April 2 & 3 at MSAC. Thanks goes to Ashlee DiPetro, Jayden Brian and Janine Mizzi who were on hand to coach the swimmers, many of whom had not competed at this level before.



Grace Newsham in action during the backstroke

- 7 year olds: Sophie Parton - 4 finals, Stephanie Rankins - 3 finals
8 year olds: Yvonne Widjaja - 3 finals, Zahra Abela - 2 finals, Joshua Devlin - 2 finals, Jayden Caisley - 2 finals
9 year olds: Natasha Crawley - 2 finals, Emmason McCurley - 4 finals, Imogen Corfield - 4 finals
10 year olds: Kayla Hammersley - 3 finals, Emma Oorloff - 2 finals, Grace Newsham, Sarah Scacco, John Santi - 3 finals, Kai Abela - 4 finals
11 year olds: Sarah Dobie - 4 finals, Erin Devlin - 2 finals, Elizabeth Powell - 1 final, Ivana Ivosev - 2 finals, Sue Yim - 1 final, Ryland Brian - 4 finals, Cameron Reid - 4 finals, Joshua Furnival - 4 finals, Robbe Dilissen - 4 finals, Jessie Caisley, Paris Ryan, Jaya Abela
12 year olds: Madeline Corfield - 4 finals, Emily Bilek - 3 finals, Michael Shelev - 4 finals, Jacqueleine Burke-Rankins, Jeremy Widjaja - 3 finals, Nicholas Elliott - 4 finals, Connor Ryan - 2 finals, Saxon Kegg - 1 final
13 year olds: Isabella Scacco - 3 finals, Daina Tadic - 3 finals, Jesse May - 4 finals, Connor Brian - 2 finals, James Tzelepis - 2 finals, Sam Nabie - 3 finals, Aden Mizzi,
14 year olds: Jackie Santi - 4 finals, Mikalela Leeson - 1 final, Keone Wright - 4 finals, Mark Evans - 4 finals, Dylan Sadler - 3 finals.

National Team

Our National Squad members have reaped the benefits of hard and dedicated training with times qualifying them for the National Open and Age Championships.

Congratulations to all those who have made our 2011 National Team

Alicia Danaher
Kristy Dellios
Marko Ivosev
Caitlin Eccles
Andrew Jarvis
Jordan Kirby
Natalie Vercher
Dylan May
Jesse May
Jackie Santi
Peter Shelev
Dylan Sadler
Kelcey Brian
Mark Evans

Alicia and Kristy will start the action by competing at the Australian Open Championships in Sydney from April 1-8. The girls have been training well and both have chances of making semi-finals. Alicia in the 50 and 100 Butterfly events and Kristy in the 200 Backstroke. Results will be updated live on www.swimming.org.au with finals shown live each night on HD One from 7:00pm.

The team will then travel to Adelaide for the Australian Age Championships where we have multiple chances of making finals. Our team has a fantastic mix of seasoned competitors and five swimmers who will be making their national debuts. Once again you can follow all the results on the Swimming Australia website which will be updated live.

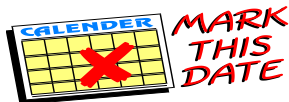
Well done to these swimmers and our coaches Paul Taylor, Peter Botheras and Samantha Bloder for all their hard work over the past 12 months.

We wish you all every success.



Pete's Quote of the Month:

The secret to achieve true success is found in your daily routine



May 7 - Metro West Presentation Night
Rosamond Road Bowling Club

May 9 - Wyndham City Swimming Club
Annual General Meeting

May 10 - Metro West AGM
Maribyrnong Aquatic Centre

May 28 - Wyndham City Swimming Club
Presentation Night
Italian Sports Club - Werribee



**Congratulations to our Head Coach Paul Taylor
on his recent marriage to Leonie Hennessy**

School Sport

Thank you to the Wyndham City Swimming parents and senior swimmers who helped out at some of our local school swimming carnivals, ensuring the smooth running of the day.

Friday 25 February - Yarraville District schools at the VUT pool in Footscray - Sacred Heart was the overall winner.

Wednesday 2 March - Hoppers Crossing schools at the Werribee outdoor pool - Heathdale were big winners - Girls Championship 50m freestyle event: 1st - Alexie Barlow (St Peters), 2nd - Erin Devlin, 3rd - Ivana Ivosev. Erin & Ivana both swam pb's - well done girls.

Monday 7 March - Werribee schools at the Werribee outdoor pool - Corpus Christi won overall, dead heat for second: Thomas Chirnside & Werribee Primary - Boys Championship 100m freestyle - first: Robbe Dilissen girls Championship 100m freestyle - first: Sarah Dobie, second: Liz Powell & third: Gemma Stoios.



Notice of Annual General Meeting

Monday 9th May 2011

The 2011/2012 Annual General Meeting of Wyndham City Swimming Club Inc will be held at the Wyndham Leisure and Events Centre, Derrimut Road, Hoppers Crossing, on Monday 9th May 2011 commencing at 7.30pm. Exact room to be confirmed. All members are welcome to attend.

DRAFT AGENDA

- a) Apologies
- b) Minutes of 2010/2011 Annual General Meeting
- c) President's Report for 2010/2011
- d) Treasurer's Report for 2010/2011
- e) Head Coach's Report for 2010/2011
- f) Election of 4 Officers to form Executive committee and 9 Ordinary Committee Members for 2011/2012
- g) General Business

Note: Any items which members wish to raise at the AGM need to be lodged in writing with the President or Secretary no later than 5.00pm Wednesday 4th May 2011.

Team Managers Diary

High Performance Training Camp - Runaway Bay Queensland

We arrived Sunday Jan 23—everyone was very excited with music up loud as possible in our hire bus

Monday - First morning of training, everyone excited and trained hard before heading to Surfers for a dip in the ocean. Needed to go shopping for food and managed to get everything that was requested except Natalie's blu-tac - not sure what kind of fruit that was! Headed back to the sports centre where Catie and Nat found the Scotch College boys. Petar hit the pillows after lunch while some had a game of volleyball. Back to training 6-8 After training the boys headed to Marko & Andrew's room while the girls danced in the bathroom with music up so loud you could hear it from the outdoor pool.

Tuesday - Training this morning at 6am but Marko & Andrew were so keen they were up at 5am. Both ended up having a nana nap on the downstairs couches until the rest of the group were up. After swim training and breakfast the group headed to the gym for a session, then lunch and then a DVD related to swimming (great chance for Rebecca & I to head to Harbour Town to shop). Kids have some fun after dinner then early to bed as we will be up at 4:30am for our trip to Bohlys

Wednesday - Up early making toast for kids, who mostly slept in the van while our faithful GPS kept us on the right track to St Peters Western Swimming Club. After head coach Michael Bohl got his own squad started he came over to talk to our swimmers. It was a great talk full of inspiration. He said that "Paul can train them but it was up to them to take the next step, to do the hard work, set goals and targets and ensure they met them". Told Andrew that he could turn up to training with fancy hair and green eyes but that will not get him anywhere. Bohly was such a nice person., easy to talk and very friendly and took a great interest in each swimmer even giving them nicknames eg; Alicia - Butterfly girl, Kristy - Backstroke girl, Dylan - The Tank (due to his big shoulders).

Bohly gave the kids a good hard set, and they were all hanging off the lane ropes breathless—but what a privilege to swim alongside some of the best swimmers in Australia including Stephanie Rice who gave the kids a show by stripping from her togs to her underwear on pool deck after training. Unfortunately for her only Dylan showed any interest.

Headed back to Surfers for lunch at the surf club and a surfing lesson. Laughed so much watching them all kiss the sand and water—the look on their faces was priceless. Dylan & Andrew managed to catch some waves but every time I tried to take a photo of Alicia she fell off!

Thursday - The km's are slowly being ticked off the whiteboard in the villa and after breakfast everyone played ping pong except for Nat and Cat. I could hear them but not see them—eventually located them amongst the Scotch College boys having a great time. Off we headed to Miami Swimming Club for a session and to watch their squad train under head coach Denis Cottrell.

Friday - Quieter day with Paul doing individual interviews and goal setting with each squad member. Bec and I took off for a swim and walk. Taught Marko how to use a washing machine and the kids chose between a movie night or just mucking around.

Saturday - Training, then Broadbeach and lunch in Cavill Avenue. Paul took Kristy to the airport while the rest of the squad played games at Dark Zone. Headed back to beach for another swim and then watched a movie after dinner that Jordan and Alicia slept through.

Sunday - Packed up then headed to Wet n Wild. Kids had a great time, the rides were so scary - that some chickened out. Never seen Paul's face so red. We had a mad rush back to the airport only to find our plane delayed so we didn't arrive back at Avalon until 1:30am. Surprisingly everyone was quiet on the plane and slept the whole way home.

What a great trip - I would like to thank Paul and the National Team for being such wonderful company. I had a great time.

Jo Kirby - Team Manager



Runaway Bay Training Camp session with Michael Bohl (Olympic Team Swimming Coach)
 Back Row - Petar Shelev, Kristy Dellios, Marko Ivosev, Caitlin Eccles, Paul Taylor, Jordan Kirby
 Front Row - Dylan Sadler, Andrew Jarvis, Michael Bohl, Natalie Vercher, Alicia Danaher

Happy March Birthday

- 1 - Oxana Zaykova
- 2 - Lauren Caulfield
- 15 - Alicia Danaher
- 26 - Isabella Scacco
- Araina Chase
- Cai Williams



odd spot

Andrew Murray Charlton (12 August 1907 – 10 December 1975), known popularly as **Boy Charlton**, was an Australian Freestyle swimmer of the 1920s and 1930s who won a gold medal in the 1500m freestyle at the 1924 summer Olympics in Paris. He set five world records and also won a further three silver and one bronze medal in his Olympic career, but never won an Australian title!

Upcoming Meets

MEET	☉	DATE	VENUE	CLOSING DATE
Australian Championships		April 1-8	SOPAC	Online 16.3.11
Metro All Juniors Semis & Finals		April 2-3	MSAC	
Australian Age Championships		April 18-23	Adelaide	Online 30.3.11
Metro West SC Championships	☉	June 18	MSAC	
Wyndham City Shortcourse Meet	☉	July 23	Wyndham	

Swimmer Profiles

Name: Mikaela Leeson **Nickname:** Miki
Age: 13 **Star Sign:** Aquarius
Squad: State Development
Favourite Swimming Stroke: Breaststroke
Other Sports: Cross Country
Pets: Dog (Mia)
Favourite AFL team: Western Bulldogs
Favourite Food: Pasta **Favourite TV Show:** Home & Away
My Special Sporting Achievement: Winning a medal in 200m Butterfly



Name: Casey-Lee Beck **Nickname:** Kit Kat
Age: 10 **Star Sign:** Virgo
Squad: Competition Development Squad
Favourite Swimming Stroke: Breaststroke
Funniest moment at training or competition: Falling In
Other Sports: Netball
Other Interests: Piano & Guitar **Pets:** lizare, 2 cats & 2 fish
Favourite AFL team: Geelong
Favourite Food: Chocolate **Favourite TV Show:** Hannah Montana
Favourite Movie: Avatar
My Special Sporting Achievement: Coaches award in netball

We hope you enjoy reading our newsletter. All contributions are most welcome (photos, competition reports, recipes, jokes, for sale etc) please email: danaher.raelene.r@edumail.vic.gov.au

