

June 2010

# Shark Tales

Over 200 swimmers, parents and invited guests converged on the Italian Social Club last week for the Wyndham City Sharks annual presentation night.

Our special guest Olympian Sarah Katsoulis shared with us her journey from novice swimmer to the Olympics. Of special interest was the fact that Sarah didn't take up competitive swimming until aged 14 after injuring herself horse-riding. Sarah was very generous during question time with her responses to the many varied questions that came her way.

The outgoing Leadership Team did a fantastic job of opening the evening and introducing the various DVDs of action from club, state and national competition.

Trophies were awarded to age champions, handicap and 400M freestyle winners. Our club champions for 2009/2010 were announced and our new captains and leadership team introduced. A full list of award winners is listed inside.

It was terrific to have in attendance our sponsors from Williamstown Podiatry, Office Zone and Di Caprios as well as the Mayor of Wyndham Cr Heather Marcus.

A night as big as this takes a lot of planning so a very big thankyou to our hard working committee members who assisted in the organisation of a fantastic night.



Wyndham City Sharks Swimming Club  
[www.wyndhamcityswimmingclub.com.au](http://www.wyndhamcityswimmingclub.com.au)



# Metro West Presentation Night

The Metro West Presentation Night was held on Saturday 15 May at the Rosamond Bowling club in Maidstone. The presentation night recognizes the achievements of district swimmers who participated at the championships during November 2009 and awards grants to eligible swimmers.

The evening got off to a great start with a presentation from Sam Bramham. Sam, a paralympian represented Australia at both Athens and Beijing. Sam entertained both swimmers and parents with some very entertaining stories of his life experiences .

## Wyndham City District Champions 2009/2010:

9 year old female: Erin Devlin  
10 year old female: Paris Vasta  
13 year old female: Natalie Vercher  
13 year old male: Andrew Jarvis  
15 year old male: Marko Ivosev  
16 year old female: Kiara Celestre  
17 year old female: Alicia Danaher  
17 year old male: Tim Eccles  
18 & over male: Leigh Ryan

Open female 200m events: Alicia Danaher  
Open female 400m freestyle: Alicia Danaher  
Open female 400m IM: Alicia Danaher  
Open male 400m IM: Marko Ivosev

Pat Robinson female open medley relay: Kristy Dellios, Megan Smylie,  
Alicia Danaher & Brooke Danaher.  
Ian Robinson female 12/14/16/open freestyle relay: Grace Victor, Natalie Vercher,  
Megan Smylie & Alicia Danaher.

## **Grant recipients:**

Anne Livermore, Carly Botheras, Ben Stoios, James Tzelepis, Samantha Volarich, Jonathon Scicluna, Kiara Celestre, Madelyne Scott, Paris Vasta, Brooke Danaher, Leigh Ryan, Caitlin Eccles, Alicia Danaher, George Goonan, Natalie Vercher, Kristy Dellios & Andrew Jarvis.

## **A new award was presented for the first time:**

In recognition of an Outstanding Contribution to the District: Chris Eccles & Vince Taylor.

**To be eligible to receive a grant from Metro West District during the 2010/2011 season swimmers must obtain the following criteria**

- (a) Swimmers must swim in a minimum of 3 events at the Metro West District Championships in both the year of the award and the previous year.
- (b) Swimmers must also swim in the Metro West Swim Meet (MSAC) and the District Sprints in the same season of the award. They again must have competed in a minimum of 3 events at both competitions. (Under exceptional circumstances this may be waived at the discretion of the Executive these must be in writing before the 1 April on the year of the award).
- (c) To receive "Qualifier" awards swimmers must have swum at these Championships.  
(i.e. To receive a Grant as a National Qualifier swimmers must swim at Open Nationals).
- (d) To receive any "Finalist or Medallist" Award swimmers must swim the qualifying time  
( i.e. To receive an award for the State Age Championship finalist the swimmer must swim the Age qualifying time in the heat or, if a straight final, in the final swim).
- (e) To receive a Finalist award in an Open Water event your time must be on or within 105% of the winning time.
- (f) To receive a Finalist award in a timed final event other than an open water event your time must be on or with in 110% of the winning time

**Grants Available**

Australian Swim Team	\$425
Australian Age Swim Team	\$375
National Medallist	\$350
Australian Age Medallist	\$325
National Finalist	\$275
Australian Age Finalist	\$250
State Open Medallist	175
National Qualifier	\$200
State Open Finalist	\$125
State Age Medallist	\$100
Australian Age Qualifier	\$150
State Age Finalist	\$50

(These figures are inclusive of travel allowance for National events)

**New SV Entry Form**

Swimming Victoria have a new entry form which includes a \$5.00 admin fee (for all hard copy entries).

Please note that this fee only applies if you enter a SV meet using this entry form and lodge it direct with SV. If you go via our club, the entry fee is not required - we enter your entries online. For all other meets - Wyndham City, North West Aquatic, Surrey Park, etc, the \$5.00 admin fee is not required.



## 2009/2010 Trophy Winners

Championship Events AGE GROUP	1ST PLACE	2ND PLACE	3RD PLACE
8/U BOYS	Kai Abela	Tasi Suisuiki	
8/U GIRLS	Kayla Hammersley	Cartier Vasta	Grace Newsham
10/U BOYS	Cameron Reid	Lachlan Faust	Ryland Brian
10/U GIRLS	Paris Vasta	Sarah Dobie	Tiffany Wasnig
12/U BOYS	James Tzelepis	Mark Evans	Connor Brian
12/U GIRLS	Natalie Vercher	Monique Celestre	Madelyne Scott
14/U BOYS	Andrew Jarvis	Jordan Kirby	Andrew Takla
14/U GIRLS	Caitlin Eccles	Samantha Volarich	Olga Xinomilakis
16/U BOYS	Marko Ivosev		
16/U GIRLS	Kiara Celestre	Natalie Tzelepis	
OPEN BOYS	George Goonan	Mark James	
OPEN GIRLS	Alicia Danaher	Brooke Danaher	Anne Livermore

Handicap Events	1ST PLACE	2ND PLACE	3RD PLACE
A GRADE	Jordan Kirby	Marko Ivosev	Joseph Suisuiki
A RESERVE	Francesca Villagonzalo	Paris Vasta	Daina Tadic
B GRADE	Jordon O'Shea-Wilson	Isabella Scacco	Robbe Dilissen
C GRADE	Estelle Tilley	Max Tilley	Renae Meilak / Grace Newsham
D GRADE	Zahra Abela	Stephanie Rankins	Sarah Scacco

Distance Events	1ST PLACE	2ND PLACE	3RD PLACE
200M IND MEDLEY	To be announced		
200M FREESTYLE	To be announced		
400M FREESTYLE	Sarah Dobie	Francesca Villagonzalo	Connor Brian Samuel Nabie
			Cameron Reid

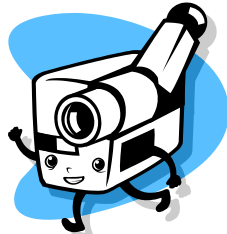
Club Champions 2008/2009	
JUNIOR MALE	Kai Abela
JUNIOR FEMALE	Paris Vasta
SENIOR MALE	Marko Ivosev
SENIOR FEMALE	Alicia Danaher

Coaches Awards	
NATIONAL SQUAD	Caitlin Eccles
NATIONAL DEVELOPMENT SQUAD	Kiara Celestre
STATE YOUTH SQUAD	Connor Brian
STATE DEVELOPMENT SQUAD	Tiffany Wasnig
SENIOR DEVELOPMENT SQUAD	Victoria Rowe and Paige Hazelden
JUNIOR DEVELOPMENT SQUAD	Samuel Tzuntzourkas
COMPETITION DEVELOPMENT SQUAD	Kai Abela and Paul Rocks



Paul and Peter are looking for help from an interested parent to assist them with the editing of video footage taken at State meets. Currently this takes up a lot of time that coaches would rather put to use analysing the actual swims.

If you have an interest or expertise in this area and can give some of your valuable time, they would really appreciate your help.



# 2010 Victorian Age Championships

Swimming Victoria has announce that the dates for the 2010/2011 Victorian Age Long Course Championships have been set for **17-22 December, 2010**. After collating feedback from clubs across Victoria, Swimming Victoria has decided to trial the December dates. Following the meet Swimming Victoria will be seeking feedback from members regarding the trial.

Please visit the Swimming Victoria website in the coming weeks for further information.



## Happy June Birthday

- 1st - Olivia Kierzak, Andrew Jarvis, Callum Bolton
- 2nd - Madelyne Scott
- 3rd - Stephanie Rankins
- 10th - Jordan Kierzak
- 15th - Sophie Parton
- 16th - Guy Gatt
- 18th - Sarah Dobie
- 24th - Keone Wright



## odd spot

The first ocean liner with a swimming pool was the Titanic

Pete's Quote of the Month:

You can't do anything by doing nothing

**FAB DE CESARIS**

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## Upcoming Meets

MEET	☉	DATE	VENUE	CLOSING DATE
Victorian SC Open Championships	☉	19-20 June	MSAC	closed
Melbourne Vicentre SC		26 June	MSAC	Closed
Wyndham City SC	☉	3 July	WLEC	18 June
Victorian Age SC Championships	☉	27–29 August	MSAC	

**Welcome** to the following new members

Damian Attia, Jeremy Attia, Callum Bolton, Nicholas Elliot,  
Jackson Gribben, Guy Gatt, Mary-Lucy Giordano, Jade Murrell, Oliver Nabie,  
Sophie Parton, Anushka Verma, Emma Quinn, Sue Yim, Samuel Knight, Sam Hazelden,  
Arlyne Anton, Elli Beck, Holly Buoy, Kate McErlain, Stephanie Rankins, Irene Santi,  
Jacki Santi, John Santi,

## Meet the Coach!

**Name:** Paul Taylor      **Nickname:** Paulie, Tails  
**Age:** 31 (yeah, I'm an old fart)      **Star Sign:** Scorpio  
**Squad:** All - but most of my time is spent with the National Squad  
**Favourite Swimming Stroke:** Freestyle  
**Funniest moment at training or competition:** Having my bathers split during dive starts when training at the outdoor pool.  
**Worst sporting moment:** Stopping to fix my goggles in the first 50m of a 400m free final at states      **Other Sports:** Running  
**Other Interests:** Holidays / hanging out with friends  
**Favourite AFL team:** Hawthorn  
**Favourite Food:** Steak, Irish Stew, pasta...anything really  
**Favourite TV Show:** Don't have time to watch TV  
**Favourite Movie:** Braveheart, Gladiator and the Rocky series  
**My Special Sporting Achievement:** Swimming at Nationals/ winning open water events.  
 Training athletes of all ages and abilities to make the most of their swimming.



We hope you enjoy reading our newsletter. All contributions are most welcome (photos, competition reports, recipes, jokes, for sale etc) please email: danaher.raelene.r@edumail.vic.gov.au

